



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHANGEMAKERS INSTITUTE



The **YMCA Changemakers Institute** is a 3-month virtual summer program available to all high school students in grades 9-12, including incoming 9th grade students and graduating seniors.

During the Institute, students will take part in:

- Virtual Advocacy Training
- Networking & Professional Development
- Mentoring Seminars with YMCA Alumni
- Engaging Local, State, National, and Global Policymakers
- Emphasizing Equity & Inclusion in Making Change
- Strengthening Socio-Emotional Skills
- Developing an Online Presence, Branding, and Voice
- Collaborative Cohorts to address Local Issues
- YMCA Youth Advocate Network & Youth Voter Commitment

By the conclusion of the Institute, students will have completed their Changemaker Certification and published a virtual Changemaker Portfolio to include in resumes, applications, and academic records.

The Institute will take place over the course of 3 months, with participants engaging on the themes, topics and issues listed above in a variety of virtual formats – each designed to offer different levels of interactivity and collaboration:

- **Virtual Sessions** (2 per week) – Each week will include two virtual sessions for all participants with guest speakers, academics, public officials, and partner organizations
- **Cohort Meetings** (5 total) – In addition to our virtual sessions, participants will be assigned to a Changemaker Cohort organized based on which of the Y's Areas of Focus and the UN's Sustainable Development Goals they choose as priorities on their registration form.
- **Mentor Seminars** (5 total, 10 students each) – Each seminar will consist of 10 participants and a professional mentor from the Y's vast alumni network. We will pair students with mentors from different career/professional fields based on each participant's selected interests during registration.
- **Personalized Consultancy** – During the second half of our institute calendar (Weeks 4-9), each participant will have the opportunity to schedule a personalized session with 2-3 staff/alumni to evaluate and strengthen their virtual presence, branding, and voice.
- **Portfolio Panel** – Finally, participants will present their completed Changemaker Portfolios alongside fellow members of their seminars to a panel of staff/alumni during the final week of the Institute.

INSTITUTE CALENDAR

Week 1 • June 8-12

2 Virtual Sessions

Weeks 2-3 • June 15-26

2 Virtual Sessions per week

1 Cohort Meeting

1 Mentor Seminar

Holiday Break Week – July 4th

Weeks 4-7 • July 6-31

2 Virtual Sessions per week

2 Cohort Meetings

2 Mentor Seminars

Weeks 8-9 • August 3-14

2 Virtual Sessions per week

1 Cohort Meeting per week

1 Mentor Seminar per week

Week 10 • August 17-21

Portfolio Panels

Final Virtual Session

REGISTRATION & FEES

To register, please visit our website:

www.ymcayag.org/changemakers

Registration Deadline: Fri., June 5th

Spaces are limited, and registration is first-come, first-served.

Institute Fee: \$100

Need-based scholarships are available to interested participants.