

## YMCA Youth Civic Health Survey

This survey consists of 20 indicators, including questions adapted from the Civic Engagement and Volunteerism Supplement of the US Census Bureau's Current Population Survey (CPS) and used as part of the Civic Health Index sponsored by the National Conference on Citizenship.

### Question 1 – Talking to and Spending Time with Family and Friends

In the past 12 months, how often did you talk to or spend time with friends and family?

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

### Question 2 – Discussing Various Issues with Family and Friends

In the past 12 months, how often did you discuss political, societal, or local issues with friends or family?

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

### Question 3 – Talking to and Spending Time with Neighbors

In the past 12 months, how often did you have a conversation or spend time with your neighbors?

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

### Question 4 – Discussing Various Issues with Neighbors

In the past 12 months, how often did you discuss political, societal, or local issues with your neighbors?

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

### Question 5 – Doing Favors for Neighbors

In the past 12 months, how often did you/your household and your neighbors do favors for each other such as lawn/property maintenance, house sitting, babysitting, lending tools, and other things to help each other.

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

### Question 6 – Doing Something Positive for the Neighborhood

In the past 12 months, did you get together with other people from your neighborhood to do something positive for your neighborhood or the community?

- Yes
- No

### Question 7 – Interacting with Different Racial, Ethnic, or Cultural Backgrounds

In the past 12 months, how often did you talk to or spend time with people from a racial, ethnic, or cultural background that is different than yours? This may have been in person, over the phone, or through the internet or social media.

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

**Question 8 – Posting About Various Issues on Social Media**

In the past 12 months, how often did you post your views about political, societal, or local issues on the internet or social media?

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

**Question 9 – Reading, Watching, or Listening to News**

In the past 12 months, how often did you read, watch or listen to news or information about political, societal, or local issues?

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

**Question 10 – Attending Public Meetings**

In the past 12 months, did you attend a public meeting, such as a city council, school board, or zoning board meeting, to discuss a local issue?

- Yes
- No

**Question 11 – Contacting a Public Official**

In the past 12 months, did you contact or visit a public official – at any level of government – to express your opinion?

- Yes
- No

**Question 12 – Choosing Services Based on Social or Political Values of Companies**

In the past 12 months, did you buy or boycott products or services based on the political values or business practices of that company?

- Yes
- No

**Question 13 – Voter Registration**

States have different laws for how old you must be to register to vote. When you are old enough (or if you're already old enough), do you plan to register vote?

- Yes
- No
- Don't Know
- Not Eligible to Vote

**Question 14 – Voting**

Once you are old enough, do you plan on voting in the first election you are able to vote in?

- Yes
- No
- Don't Know
- Not Eligible to Vote

**Question 15 – Belonging to Groups**

In the past 12 months, did you belong to any groups, organizations, or associations in your school or community (clubs, teams, houses of worship, causes, etc.)?

- Yes
- No

**Question 16 – Number of Groups**

How many groups, organizations, or associations in your school or community would you say you have belonged to over the past 12 months? (Respond with a #)

**Question 17 – Volunteering**

In the past 12 months, did you spend any time volunteering for any organization or association?

- Yes
- No

**Question 18 – How Often You Volunteer**

How often did you volunteer?

- 1 - Basically every day
- 2 - A few times a week
- 3 - A few times a month
- 4 - Once a month
- 5 - Less than once a month
- 6 - Not at all

**Question 19 – Volunteering Hours in a Year**

In the past 12 months, approximately how many hours (total over the entire 12 months) did you volunteer? (Respond with a #)

## Question 20 – Addressing an Issue in Your School or Community

If you wanted to help address an issue or problem in your school or community, how prepared would you feel to:

### Research and learn more about the issue

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Come up with a plan to take action

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Recruit others to join your efforts

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Connect with groups/organizations that care about the issue

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Start a petition on the issue and gather signatures

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Schedule and host a meeting on the issue

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Speak publicly on the issue in front of an audience

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Convince someone who disagrees with your position on the issue to change their mind

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Share your opinion with a local news/media outlet

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Contact a local official about the issue

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared

### Propose changes to rules, policies, or laws related to the issue

- 1 – Not Prepared
- 2 – Slightly Prepared
- 3 – Somewhat Prepared
- 4 – Well Prepared
- 5 – Very Prepared